

¶ Most people live, whether physically, intellectually or morally, in a very restricted circle of their potential being. ¶ They make use of a very small portion of their possible consciousness, and of their soul's resources in general, much like a man who, out of his whole bodily organism, should get into a habit of using and moving only his little finger. ¶ Great emergencies and crises show us how much greater our vital resources are than we had supposed.

WILLIAM JAMES